

\*\*Visitor's please place lunch

orders by 9:30am\*\*

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



**A- WG Mac & Cheese 6**  
**B- GF Meatball Mashed Potato Bowl**  
 Dessert  
 Fruit & Salad Bar  
 Milk

**A- Grilled Cheese w/ Tomato Soup 7**  
**B- GF Chicken and Rice Casserole**  
 Fruit & Salad Bar  
 Chocolate Milk / Milk

**A-WG Blueberry Breakfast 1**  
 Bar w/ eggs  
**B- GF Caramel Apple Yogurt Bowl w/ granola**  
 Fruit & Salad Bar  
 Chocolate Milk / Milk

**A- WG Pepperoni Pizza 2**  
 w/ Corn  
**B-WG Cheese Pizza W/ Corn**  
**C- Gluten Free Pizza available upon request.**  
 Fruit & Salad Bar  
 Milk

**A- Turkey & Cheese Sandwich w/ WG Chips 3**  
**B- GF WG Nacho and Cheese**  
 Fruit and Veggie  
 Milk

**A- Chicken Sandwich w/ French Fries 13**  
**B- GF Teriyaki Chicken**  
 Dessert  
 Fruit & Salad Bar  
 Milk

**A- WG French Dip w/ Fries 14**  
**B- GF Salisbury Steak w/ mashed Potatoes & WG Roll**  
 Fruit & Salad Bar  
 Chocolate Milk / Milk

**A-WG Biscuits and Gravy w/ scrambled eggs 5**  
**B- GF Banana Berry Protein Smoothie w/ Donut**  
 Fruit & Salad Bar  
 Chocolate Milk/ Milk

**A- WG Pepperoni Pizza 9**  
 w/ Corn  
**B-WG Cheese Pizza W/ Corn**  
**C- Gluten Free Pizza available upon request.**  
 Fruit & Salad Bar  
 Milk

**A- Chicken Caesar Wrap 10**  
**B-GF Taco Salad**  
 Fruit and Veggie  
 Milk

**A- Chicken Nuggets w/ French Fries & Roll 20**  
**B- GF Shepherd's pie**  
 Dessert  
 Fruit & Salad Bar  
 Milk

**A- WG Chicken Alfredo Pasta 21**  
**B- GF WG Chicken Fajitas W/ refried beans**  
 Fruit & Salad Bar  
 Chocolate Milk/Milk

**A- WG Breakfast Sandwich w/ hash browns 15**  
**B- GF Mandarin Orange Yogurt Bowl w/ French Toast Sticks**  
 Fruit & Salad Bar  
 Chocolate Milk / Milk

**A- WG Pepperoni Pizza 16**  
 w/ Corn  
**B-WG Cheese Pizza W/ Corn**  
**C- Gluten Free Pizza available upon request.**  
 Fruit & Salad Bar  
 Milk

**A-Cinnamon Sugar Pretzel Protein Pack 17**  
**B-GF Nacho Bar**  
 Fruit and Veggie  
 Milk

**A- Chicken Nuggets w/ French Fries & Roll 20**  
**B- GF Shepherd's pie**  
 Dessert  
 Fruit & Salad Bar  
 Milk

**A- WG Chicken Alfredo Pasta 21**  
**B- GF WG Chicken Fajitas W/ refried beans**  
 Fruit & Salad Bar  
 Chocolate Milk/Milk

**A- French Toast Casserole w/ Scrambled Eggs 22**  
**B- GF Pineapple Yogurt Bowl w/ Granola**  
 Fruit & Salad Bar  
 Chocolate Milk / Milk

**A- WG Pepperoni Pizza 23**  
 w/ Corn  
**B-WG Cheese Pizza W/ Corn**  
**C- Gluten Free Pizza available upon request.**  
 Fruit & Salad Bar  
 Milk

**A-Meat Lovers Sub w/ Chips 24**  
**B- GF BBQ Chicken Buddha Bowl**  
 Fruit and Veggie  
 Milk

**No School 27**

**A-WG Cheese Quesadilla w/ Black Beans 28**  
**B- GF Baked Potato w/ Roll**  
 Fruit & Salad Bar  
 Chocolate Milk/ Milk

**A-WG Pancake Squares w/ Scrambled Eggs 29**  
**B- GF Tropical Fruit Protein Smoothie w/ WG**  
 Fruit & Salad Bar  
 Chocolate Milk/ Milk

**A- WG Pepperoni Pizza 30**  
 w/ Corn  
**B-WG Cheese Pizza W/ Corn**  
**C- Gluten Free Pizza available upon request.**  
 Fruit & Salad Bar  
 Milk

**A- Hot Dog 31**  
**B- Cheeseburger Both GF without Bun**  
 Fruit and Veggie  
 Milk

\*Gluten Free, Dairy Free and Vegetarian options always available upon prior notice request. Have student tell the Teacher to add the request to the Lunch Count or come by the Kitchen and tell a staff member in the morning before class. Student is in charge of letting the Servers know they requested a GF, DF or VG lunch. Lactose Free Milk available upon request.

\*Items Possibly come in contact with Gluten.

\*Menu subject to change without notice.

\*We are an equal opportunity Employer.

\*Contact [Samantha.pooler@ccidschool.org](mailto:Samantha.pooler@ccidschool.org) with any questions or concerns.