



Dear CCID Parents,

As you may have seen or read in the news, the Norovirus, a highly contagious gastrointestinal illness, has impacted some schools in Utah. While we have not had significant reports of the illness at CCID, we want to be proactive in preventing the spread of the virus.

Norovirus is an illness which is very infectious and can affect a large group of people in a short amount of time. After consulting with the Bear River Health Department, we are asking parents to keep sick children home to prevent spreading the illness at school, if they have any of the following symptoms:

- Stomach pain
- Nausea
- Vomiting
- Diarrhea
- May or may not have a headache or fever

If your child has any of these symptoms, we ask that you **do not send him/her to school until 72 hours after vomiting and diarrhea have ended**. Even if they just have an upset stomach, please keep your sick child home while they are feeling ill, as it is possible that they may vomit while at school.

We also ask if your ill child has siblings in other schools (middle or high school, private daycare, etc.), that you take care to keep those siblings home from school, as well, if they are experiencing similar symptoms. For more information, please visit the CDC links listed below.

Sincerely,

Laura Banda
Executive Director